

# About Sleep SEPTEMBER 2019 SALE



**Western Clinic**  
376 Grange Road  
Kidman Park SA 5025  
Phone (08) 8353 6778



**Eastern Clinic**  
240 Kensington Road  
Marryatville SA 5068  
Phone (08) 8361 3698



## ResMed Auto \$1895

Includes mask  
of your choice

## AirMini \$1799 Auto

(including TRAVEL BAG  
and bedside mount)



## Resmed Elite \$1495

Includes mask of  
your choice

### OTHER OPTIONS

If no mask is required - \$200 off price  
If no humidifier or heated  
tube is required take \$175 off the price  
(includes end plate)

## LUMIN – CPAP SANITISER

Lumin relies on UVC light to disinfect. It can  
be used on CPAP equipment, toys,  
toothbrushes,  
m/guards, pacifiers  
and mobile phones.  
Open the drawer,  
place the items  
inside, and close  
the drawer. Press  
the button and it  
takes 5 minutes to  
destroy 99.9% of  
bacteria, fungus  
and viruses



**Lumin Price \$349.**



Get 6-12 months  
to pay interest  
free using ZIPPAY  
or ZIPMONEY



## RESMED MASKS

Resmed have new  
masks available now.  
Lightweight, long

lasting and comfortable – try one today!

N20, N30, F20 and  
F30,P10 –



masks \$259

All



**AIRMINI -**

## Humid X or Humid X Plus FOR AIRMINI

Special deal for  
Newsletter readers –  
now packs of 6 are \$59  
AIRMINI travel Bag- \$90



### SALE PRICES FOR NEW MACHINES

If no mask needed take \$200 off prices that include mask.



\* **Dreamstation PRO**  
\$1695 inc ext warranty,  
humidifier and mask

\* **Dreamstation AUTO**  
\$2195 inc ext warranty, humidifier and mask



\*Dreamstation Go Fixed  
\$1699 ext war and mask

\*Dreamstation Go Auto  
\$2095 ext war and mask  
Humidifier \$399  
Battery \$545



\*Sleepstyle AUTO \$2195  
Ext war and mask  
Sleepstyle FIXED \$1545  
inc mask )



Z1 Auto \$899 –No mask



NO MASK  
Philips 60 series Auto \$1050  
Philips 60 series Pro \$750  
Plain Humidifier \$245

Heated Tube Humidifier \$345

\*Dreamstations come with 5 year warranty  
\* Sleep style Auto has 5 year warranty  
Z1 has 3 year warranty



**DVA GOLD CARD HOLDERS –  
we can supply all CPAP at no  
charge for listed items, free  
therapy reviews and CPAP  
wipes too.**

**Medistrom  
Pilot 24  
Lite  
Battery -  
\$445.00**

Works for  
Airmini and  
Airsense  
Pilot Lite 12 used for Dreamstation and z1  
\$445



**Did you know that you  
can purchase an END  
COVER for your  
Airsense that can be  
used instead of the  
humidifier bowl? This  
lowers the amount of  
power the machine  
needs considerably, and makes battery  
power last longer. \$29.95 Using a plain  
tubing also extends battery use.**



**RESMED AIRTOUCH FOAM**

A new F20 seal for sensitive skins or over beards

This new soft seal has an ultrasoft, memory foam cushion, designed to seal the most difficult faces – from sensitive skin to beards. Come and try one today. If you already own an F20, it is just \$30 for one of these seals. They are designed to be used for a month, and discarded. Available on DVA scheme



Our softest mask ever

## NEW AIRSENSE 10 MACHINES

If your Airsense has a 2g connection, it will no longer be able to send data remotely either to your phone or to us. It needs to be upgraded to 3g. This can be done for free by taking it in to EMG in Wingfield (Phone 1300 246 633 to book for a same day service) Or bring it to us and we will supply a replacement machine \$40 rental for the time it takes to get it upgraded.



**Do you use Oxygen with your CPAP? We have one way valves that prevent the oxygen from going back into the CPAP machine, to prevent explosions. An important investment. Cost about \$80 for all connectors.**

**Distilled Water** All the CPAP machine manufacturers recommend that you will get much more hygienic treatment from your CPAP machine, and that the machine will last longer if you use distilled water in the humidifier bowls. We have available 10 litres of distilled water for \$16.00 in a convenient box with a tap for ease of use. Will last 4-6 weeks. Puratap is not distilled water – it still has many salts which cause lime scale.

## Sleep Psychology

If you or someone you know is having difficulty sleeping through the night, night terrors, sleep walking, or insomnia, make an appointment with our Sleep Psychologist. (GP to write a MHCP for Medicare rebates) No gap for concession patients. Fee for private patients is \$170 for 50 minute appointment (MHTP rebate \$124)

## ETHICAL HOME SLEEP STUDIES

About Sleep Clinics conduct home sleep studies –be wired up in our clinic and go home to sleep.

No Gap for Sleep Study if approved by Medicare.



Ask us for a referral form today or download one from our website and take to your GP [www.aboutsleep.com.au/referral-forms](http://www.aboutsleep.com.au/referral-forms) Slimline equipment for comfortable sleeping **PHONE 0436 141400**

Our clinicians will apply all the wires needed onto you in our clinic. You then go home to sleep. We are affiliated with 12 Adelaide Sleep Specialists – Gaps vary if visited.



"Before I kiss Sleeping Beauty, is that a CPAP machine? For sleep apnea?"

## NightShift for Sleep Apnoea



Night Shift, vibro-tactile positional therapy for obstructive sleep apnoea, keeps you off your back so you snore less and sleep better.

Worn on the back of the neck, it begins to vibrate when you start to sleep on your back. The vibration slowly increases in intensity until you change positions. Rental for 1 week to determine if it works for you, downloaded \$70 and half rebated from price \$399.

As it does up with magnets, it is like wearing a necklace

Are you a Concession Card holder, and a CPAP user? You are eligible for a rebate towards your electricity bills - worth \$152



per year. See our website for a form or ask us for a copy .  
<https://www.aboutsleep.com.au/centrelink-rebate>

## **BOSE NOISE MASKING EARPLUGS – designed to be used while sleeping- \$349**

Key features

- Block out noise, you can get to sleep and stay asleep.
- Truly wireless, no cord to get in your way.
- Designed with loaded soothing sounds via the Bose Sleep app, allows you to select your soothing sound, control the volume and choose how long you want it to play.
- Rechargeable batteries gives you up to 16 hours of use.
- Compact and convenient storage case keeps your sleepbuds safe, charged and ready for your next sleep.
- Designed for maximum comfort, with three eartip size options.

May help with sleeping in a noisy environment, tinnitus, overactive mind, insomnia, CPAP intolerance, addiction to sleeping tablets



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with

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## **\$10 HEATED TUBING - \$79 STANDARD TUBING \$19**

## **RemZZZ Mask Liners**



Is your CPAP mask causing irritation? RemZZZs are a cloth liner specifically made to reduce leak, increase comfort and protect the face from the silicon. Above is pictured the liner for a nasal mask, but they are made for all shaped masks including nasal pillows. They are available for

\$39.95 for 30. Now also available for AMARA VIEW, Dreamwear fullface and P10 mask



## **Resmed CPAP Wipes – wipe clean your mask every morning – Travel singles (14) or Tub 62 Extended Warranties**

All our CPAP machines can have an extended warranty available for CPAP unit owners, if the unit is still in its manufacturer's original warranty. In other words if your machine is less than 2 years old, you can purchase an extended warranty (\$150) and have 5 years warranty in total.



## **BEST IN REST CPAP PILLOW \$99**

I hope this Newsletter is of some help to assist you to improve your sleep. Feedback is always appreciated. And join our Facebook support group – About Sleep Clinics Support Group where all questions will be answered by me or my staff.

Kind regards



ABOUT SLEEP TEAM